WEEK 1

MAIN MENU

RFM FACILITIES MANAGEMENT DELIVERED BY ROBERTSON

	Monday	Tuesday	Wednesday	Thursday	Friday
Special Of The Day	Chinese Chicken & Vegetable Curry Steamed Rice	Beef Lasagne Garlic Bread	Roast Turkey Stuffing Yorkshire Pudding Roast Potatoes	Cottage Pie	Cheese Beef Burger with/without Salad Chips
Vegetarian Special Of The Day	Tomato Pasta Bake Garlic Bread	Stir Fried Quorn & Vegetable Noodles	Roast Quorn, Stuffing Yorkshire Pudding Roast Potatoes	Mac 'n' Cheese Garlic	Cheese & Tomato Pizza
Snacks	Ham & Cheese Panini	Crispy Chicken Wrap	Cheese Panini	BBQ Quorn Panini	Fish Finger Wrap
Salads	Ham Cheese	Chicken Mayo Egg Mayo	Ham Cheese	Chicken Tikka Boiled Egg	Tuna Mayo Cheese
Vegetables	Sweetcorn Peas Mixed Salad	Green Beans Carrots Mixed Salad	Cauliflower Cheese Peas Mixed Salad	Broccoli Sweetcorn Mixed Salad	Baked Beans Peas Mixed Salad
Desserts	Jam & Coconut Sponge Custard Home-bakes Yoghurts Fresh Fruit	Apple Crumble Custard Home-bakes Yoghurts Fresh Fruit	Chocolate Crunch Custard Home-bakes Yoghurts Fresh Fruit	Mixed Fruit Jelly Ice Cream Home-bakes Yoghurts Fresh Fruit	Donuts Cookies Home-bakes Yoghurts Fresh Fruit

Sandwiches available daily - Cheese, Ham, Chicken Mayo or Egg Mayo

Jacket Potatoes available daily - Plain, Buttered, Tuna, Tuna Mayo, Cheese or Beans