

MSY/BSH/CS/PSHCE/RSE Ltr
13th December 2023

Relationships, Sex and Health Education

Dear Parents/Carers,

It is compulsory for all schools to deliver a new statutory curriculum relating to Relationships, Sex and Health Education - see Government guidance at:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907640/RSE_secondary_schools_guide_for_parents.pdfhttps://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907640/RSE_secondary_schools_guide_for_parents.pdf.

Schools must provide age-appropriate lessons that will enable pupils to make informed decisions about their wellbeing, health, and relationships and to build their self-efficacy in making decisions about risks, challenges, and complex situations. It is a safeguarding curriculum that builds pupils' resilience, skills, and confidence to access support when needed.

As a part of your child's education at Winifred Holtby Academy, we promote personal wellbeing and development through our comprehensive Personal, Social, Health, Citizenship and Economic (PSHCE) education programme. I am writing to let you know that, during Spring term 1, your child's PSHCE group will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme. RSE lessons in Year 8 focus on teaching about 'Commitment', 'Making Sense of Relationships'; 'Sexting and Online Safety'; 'The Impact of social media on Health' and 'Sexual Orientation & Gender Identity'.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All RSE teaching takes place in a safe learning environment and is underpinned by our Academy ethos and values. Please visit the Academy's website for more detail about our RSE & Health curriculum.

As an Academy community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the Relationships and Education programme. We would like to invite you to engage with the RSE consultation process through reading the academy Relationship and Sex Education (RSE) and Health Education policy, available at:

<https://www.winifredholtbyacademy.co.uk/page/?title=RSE+%26amp%3B+Health+Education&pid=96>

We do welcome your further participation in the parental consultation process, and should you wish to find out more or discuss any concerns, we would urge you to contact:

rse@winifredholtbyacademy.com.

Alternatively, you can attend one of the RSE parent information sessions, held at parents' evenings throughout the year, to determine more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home in the first instance.

Yours sincerely,



Miss M Sykes

Subject lead for PSHCE education