

YOUR WHA Health and Social Care LEARNING JOURNEYS



Respect **Ambition**
Achievement



WHA Health and Social Care LEARNING JOURNEY

Y9

Life stages

Factors Affecting health and wellbeing

Stages of life
Developmental areas



Working health and social care

Therapeutic activity

Skills
Attributes
Communication

Types of therapy
Benefits of therapy



Y10

Component 1

Life stages

Factors affecting development

Infancy
Childhood
Adolescence

Early adulthood
Middle adulthood
Later adulthood

Physical
Social
Emotional

Cultural
Economic



Coping with change

Life events

Tennis skills developed including the serve and application of rules

Health
Relationship change
Life circumstances



Component 1 Assessment

Health Care setting

Task 1- Life stages
Task 2- factors that affect growth and development
Task 3a- Life events
Task 3b- how character traits affect coping abilities

Primary
Secondary
Tertiary
Allied



Barriers to access

Social care settings

Physical
Sensory
Social

Cultural
Language
Geographical

Text
Financial

Services in the community
Services for specific needs
Services for the elderly



Y11

Skills and attributes

values

What skills do you need as a health care worker
What attributes do you need as a health care worker

6C's



Component 2 assessment

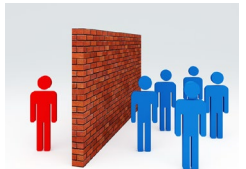
Benefits of skills attributes and values

Obstacles

Task 1- Health care services
Task 2- Social care services
Task 3- Barriers people face
Task 4- Skills, attributes and values

Overcome
High quality care
Person-centred

Time, Resources
Targets, support
Psychological



Exam content

Factors affecting health and wellbeing

Events

Physical
Social
Emotional

Cultural
Economic

Physical event
Relationship changes
Life circumstance



Improving health and wellbeing

Person centred approach

Life style indicators

Physiological indicators

Recommendations
Actions
Support

Wishes & needs

Diet, Physical activity, substances

Heart rate
Blood pressure
Body mass index



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LEARNING JOURNEY



Y10

Component 1

Life stages and PIES

Infancy
Childhood
Adolescence
Early/middle/late adulthood

Factors that affect development

Physical
Social
Emotional
Economic
Cultural

Life Events

Expected/unexpected
Relationship changes
Life circumstances
Health and wellbeing



Health care

Primary
Secondary
Tertiary
Allied

Assessment Component 1

Task 1- Life stages
Task 2- factors that affect growth and development
Task 3a- Life events
Task 3b- how character traits affect coping abilities

Coping with change

Characteristic traits



Component 2

Social care

Services in the community
Services for specific needs
Services for the elderly

Barriers

Text
Financial
Physical
Social

Cultural
Language
Geographical

Skills and attributes

What skills do you need as a health care worker
What attributes do you need as a health care worker

Y11

Values

6C's



WHW
Principle

What have we done previously?
How will we build on it?
Where are we heading?



Respect Ambition Achievement

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