

WEEK 3

MAIN MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Special Of The Day	BBQ Chicken Rice	Chicken Curry Rice & Naan Bread	Roast Pork Yorkshire Pudding Roast Potatoes Stuffing	Spaghetti Bolognese Garlic Bread	Battered Fish or Salmon Fish Cake Chips
Vegetarian Special Of The Day	Stir Fried Vegetable Noodles with Quorn & Hoi Sin Sauce	Cheese and Onion Quiche New Potatoes	Quorn Roast Yorkshire Pudding Roast Potatoes Stuffing	Vegetable Hot Pot top with Sliced Potatoes	Quorn Bites Chips
Snacks	Ham & Cheese Panini Jacket Potato with choice of filling Tuna, Cheese, Beans	Pepperoni Ciabatta Pizza & Potato Puffs Jacket Potato with choice of filling Tuna, Cheese, Beans	Crispy Chicken Wrap Jacket Potato with choice of filling Tuna, Cheese, Beans	BBQ Quorn Panini Jacket Potato with choice of filling Tuna, Cheese, Beans	Cheesy Chip Wrap Jacket Potato with choice of filling Tuna, Cheese, Beans
Vegetables	Broccoli Sweetcorn Mixed Salad	Sweetcorn Green Beans Mixed Salad	Cauliflower Peas Mixed Salad	Peas Sweetcorn Mixed Salad	Baked Beans Peas Mixed Salad
Desserts	Iced Sponge Fingers Custard Home Bakes Yoghurts Fresh Fruit	Chocolate Brownie Custard Home Bakes Yoghurts Fresh Fruit	Jam & Coconut Sponge Custard Home Bakes Yoghurts Fresh Fruit	Apple Crumble Custard Home Bakes Yoghurts Fresh Fruit	Flapjack Custard Home Bakes Yoghurts Fresh Fruit