



- Aspiration
- Achievement
- Respect

Safe

Keep safe by being careful not to give out personal information such as your name, email, phone number, home address, or school name - to people who you don't trust online.

meeting

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

accepting

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems; they may contain viruses or nasty messages!

reliable

Someone online may be lying about who they are, and information you find on the internet may not be reliable.

tell

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried. You can report online abuse to the police at -

www.thinkuknow.co.uk